

## GLAUCOMA SURGERY – POST-OPERATIVE INSTRUCTIONS

Wear the clear shield overnight for at least the first week after surgery

On the first day after the surgery some patients may experience double vision – this is because sometimes the effect of the local anaesthetic may not have completely worn off yet – this can be normal, and will soon pass. It may be more comfortable to apply the plastic shield on the first day to cover the operated eye and alleviate the symptoms of double vision

Do not drive until you have checked with the doctor when it is safe to resume driving  
Check with the doctor when you should resume any blood thinning medication that has been stopped

Avoid bending, heavy lifting or straining  
**KEEP THE HEAD ABOVE THE LEVEL OF THE HEART AT ALL TIMES**  
Do not get the eye wet for the first 5 days after surgery

Use the postoperative drops as prescribed.  
Check with the doctor regarding ongoing use of any other eye drops you may have been using prior to the surgery

Some irritation or sensitivity to light can be normal. If there is significant pain, though, you must contact the rooms immediately

It is normal for the vision to be blurry in the days following surgery. This should improve day by day  
There can be a foreign body sensation from the sutures that are used. This will also improve.

Do not read for long periods until the eye settles from the surgery  
Do not rub the eye. If it is itchy or irritated instil preservative free artificial tear drops for comfort

The intraocular pressure can vary in the early period following surgery. The pressure on the first day does not necessarily reflect what the eventual pressure will be once the eye fully settles from surgery

Successful Glaucoma surgery requires careful postoperative management, as well as the actual procedure performed in the operating theatre. Expect to have a number of postoperative appointments to check on your progress. Postoperative manipulations in the clinic (and sometimes back at the hospital) may be required in the weeks after surgery

At any stage in the weeks following surgery, if you experience **ANY** sudden **PAIN OR DECREASED VISION – contact our office straight away.**