

Cataract Surgery – Post-operative Instructions

Wear the clear shield overnight for at least the first week after surgery

On the first day after the surgery some patients may experience double vision – this is because sometimes the effect of the local anaesthetic may not have completely worn off yet – this can be normal, and will soon pass. It may be more comfortable to apply the plastic shield on the first day to cover the operated eye and alleviate the symptoms of double vision

Do not drive until you have checked with the doctor when it is safe to resume driving

Do not get the eye wet for the first 5 days after surgery

Do not read for long periods until the eye settles from the surgery

Use the postoperative drops as prescribed

Check with the doctor regarding ongoing use of any other eye drops you may have been using prior to the surgery

Some irritation or sensitivity to light can be normal. If there is significant pain, though, you must contact the rooms immediately

The vision should improve day by day. Any decrease in vision following surgery please report this to our front desk, or notify the doctor straight away.

In the immediate week following surgery if you experience **any pain or decreased vision let us know straight away.**